

## Wiltshire Outdoor Learning Team Kit-Lists



**Note:** It is vital that a measure of ‘common sense’ is used when preparing for the activities offered by the Wiltshire Outdoor Learning Team. Bringing incorrect kit can hinder the enjoyment and learning potential of the individual and in extreme cases exclude that individual from the activity. Please observe the following:

- Please look at the weather forecast (e.g. [www.bbc.co.uk/weather](http://www.bbc.co.uk/weather)) and respond accordingly
- Please never bring ‘designer’ / expensive clothes / shoes that you do not want to get dirty, wet or ruined
- On cold days – wear lots of layers on your feet and body and a warm hat and gloves
- On sunny, hot days – bring a hat and sun cream
- **DO NOT BRING ENERGY DRINKS**
- Please make sure all Parental Consent Forms are completed and returned for all activities

Activity	Kit to bring
Watersports – kayaking, canoeing, raft building, river crossing, rope swings over water	A complete change of clothing and shoes plus a towel for when you have finished the session. During the session wear clothing that has man-made fibres (polyester, nylon) and lots of layers to aid keeping warm. Shoes must be worn in the river / water – ideally ‘daps’. Please also bring a snack / drink
Mountainbiking	Clothes worn whilst riding will get dirty and may get ripped. Wear old sporty type trousers, old trainers, lots of layers on top that could be taken off if you get cold. On wet days – bring a waterproof. Have a complete change of clothing / shoes with you just in case. Bring at least 1 litre of water in a plastic drink bottle and a small rucksack with a snack in it.
Power-kiting	This activity takes place on windy days on top of hills; thus you will need clothes that can get wet and dirty but provide enough warmth. On hot days – suncream. On cold days – a coat and hat.
Orienteering / Treasure Hunt / Hiking / Walking	Shoes; ideally walking boots or trainers that fit very well (bring spare set for after the activity) Clothing; bring water proofs just in case. Wear layers that can be taken off / added to as the activity progresses Rucksack; bring a small rucksack with a drink and snack in it (no energy drinks), plus hat / suncream as needed

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Activity	Kit to bring
Forest School / Woodland Learning / Bush Craft / Survival / Fishing	Shoes: either welly-boots or walking boots with at least 2 pairs of socks Clothing; wear clothes that can get dirty / ripped. Wear lots of layers. Bring a hat in accordance to the weather. Coat if needed. On cold days – gloves. <b>DO NOT BRING KNVIES</b>
Archery	Lots of standing around so – on cold days – lots of clothing, coat, hat etc. On a hot day – hat, suncream
Climbing / Abseil (outdoor) and Tree Climbing	Sporty clothing that does not restrict climbing. Lots of layers. Coat / hat if needed
Climbing (indoor)	Sporty clothing that does not restrict climbing
Residential / Overnight activities	Sleeping bag: please make sure it is warm enough for that activity (3-4 season would be ideal) Roll-mat / Pillow Complete change of clothing/ shoes plus clothing to suit activities on the residential (as per kit-list) Medication – if needed Wash-kit and towel 1 litre plastic drinks bottle Torch and spare batteries Plastic knife, fork, spoon, plate, bowl and cup (marked with name of participant) Wiping up cloth Rucksack for kit Bin-liner for wet kit
High Ropes / Zipwire	See 'climbing / abseiling'