

Wiltshire Outdoor Learning Team



*Challenge, Development,
Education & Fun*

www.wolt.org.uk

Dear Parent

Your child.....

Time:.....

Date:.....

What happened:.....

Afterwards, your child was fine/ had the following symptoms: (delete as appropriate)

*Headache Yes/No
*Felt sick Yes/No
*Felt Dizzy Yes/No

Action taken was:

*Ice pack applied Yes/No
*Cleaned area Yes/No
*Reported to class teacher Yes/No
*Sat quietly and monitored Yes/No
*Contacted parents Yes/No

Following your child's head injury, if they develop any of the following you should attend the nearest Emergency Department or contact your own GP immediately.

1. Increasing drowsiness
2. Worsening headache
3. Confusion/strange behaviour or loss of memory
4. Any vomiting episodes since the injury
5. Weakness in an arm or leg or speech difficulties
6. Dizziness, loss of balance or seizures
7. Any visual problems
8. Blood, or clear fluid, leaking from the nose or ear
9. Unusual breathing problems

National Institute for Health and Clinical Excellence Sept 2007

Signed:.....